

TIME:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10.30am	Keep fit	Keep fit	Keep fit	Keep fit	Keep fit
11am	Tea	Tea	Tea	Tea	Tea
11am to 12pm	Mobile shop	Paper reading and discussion	Story reading	Reminiscence and discussion	Quiz
12pm to 1pm	Lunch	Lunch	Lunch	Lunch	Lunch
1pm to 3pm	Arts and crafts	Cake decorating (once per month), games, dominoes and cards	Cat visit	Film and Popcorn/ice cream	Baking (once per month) and clay modelling
3pm	TEA	TEA	TEA	TEA	TEA
3pm to 3.30pm	Stories and poem readings	Puzzle/word search	Quiz	Film	Afternoon tea cake

Any resident wishing to use the garden throughout the day may do so. Please ask the Nurse for an alarm pendant.